

Harvest Moon: Back to Nature Recipe FAQ

by Link

Updated to v1.2 on Nov 8, 2003

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Harvest Moon: Back to Nature
For the Playstation
Recipe FAQ
By Reuben Lim [Link] (mech_boy03@yahoo.com)

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1. Updates

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10/31/03 - v1.0 - First version of the FAQ, added a few recipes and finally finished the ACII art for this FAQ after about 2 hrs. It's past midnight now and getting sleepy.....

11/1/03 - v1.01 - Continued adding recipes. Had a hard time trying to put the recipes into the table I made. Damn Microsoft Word. Thank God for the TAB button. Submitted this FAQ.

11/6/03 - v1.2 - Had to redo the recipe section because the alignment was fuzzy. Dumped the table. Glad I made this change, it's much more neater than it was before.

=====
2. Copyright Stuff
=====

This Recipe FAQ has been made by me, Link, and should not be modified, copied from or reproduced in any way, but if you want to print out this FAQ and share it with your friends and family, go ahead, as long as you don't get any credit or profit from it. If you want to put this up at your site, please e-mail me first and I'll be glad to let you have it.

This FAQ should only be found at:

- www.neoseeker.com

Please contact me if you find this at any other site.

=====
3. Foreword
=====

I'll keep this short and simple. This FAQ is made to help those of you who want to know all the recipes that are in this game, win the cooking festival or just to learn how to cook. If you see any mistakes or typos, please contact me and I'll fix it.

=====
4. How to Cook | Why Cook?
=====

[Note: You need to upgrade your house to be able to cook. Just talk to Gotz after you have enough gold and wood and he'll upgrade your home for you.]

1. How to Cook

Cooking is easy. All you have to do is gather the ingredients and obtain the utensils needed and just stand in front of the stove and press X. Select 'Cook Dish' from the submenu. Then you may choose either to follow a recipe or create something new. To learn how to cook, select 'Try Something New'.

Next, choose your utensils, ingredients, and seasonings. Once you've chosen them, press Select. When your cooking is done, you'll end up with a new dish - or a food fiasco! As long as you have plenty of ingredients, there's no end to the possibilities.

2. Why Cook?

Why practice culinary arts? Cooking can be very handy for those long days where you have to mine non-stop to get some cash for something important. Your character can eat the food he cooked to restore his strength and lower his fatigue.

Besides that, being skilled in this aspect of this game allow you to stand a chance to win during the Cooking Festival and also to raise the affection of the girl you're chasing or just as a gift to the villagers or to you baby. Trying out new recipes is also vital to reach the 100% mark.

Enjoy this part of the game, and don't be afraid to experiment. Have fun!

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5. Recipes
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There are many ways in which you can obtain recipes. You'll get most of them from your TV during the cooking show and you get also get some from the villagers if you're close to them. There's even one in the ocean! Here's the recipes I've collected so far and I think that that's all of them. Some of them may have weird ingredients, such as chocolate in tempura, grape juice in a stew and salt in fruit juice, but I assure you most of them are correct. Some recipes are even made up of other recipes. And no, you can't cook you chicken or your dog.=) If you have another recipe not listed here, please e-mail me the recipe and I'll give you credit for it (after I've finished adding the recipes).

Note: All the items listed under main ingredients, main seasonings and main utensils are the ones you need to make the recipe, all the others (optional ingredients, seasonings and utensils) are just extras that improve the dish, and adds to the Strength it gives you.

Recipes

1.Butter

Main Ingredients

-Milk

Main Seasonings

-none

Main Utensils

-Mixer

Optional Ingredients

-none

Optional Seasonings

-none

Optional Utensils

-none

2.Ketchup

Main Ingredients

-Tomato

-Onion

Main Seasonings

-Salt

-Vinegar

-Sugar

Main Utensils

-Mixer

Optional Ingredients

-none

Optional Seasonings

-none

Optional Utensils

-none

3.Mayonnaise (S)

Main Ingredients

-Egg(S)

-Oil

Main Seasonings

-Vinegar

Main Utensils

-Whisk

Optional Ingredients

-none

Optional Seasonings

-none

Optional Utensils

-none

4.Mayonnaise (M)

Main Ingredients

-Egg(M)

-Oil

Main Seasonings

-Vinegar

Main Utensils

-Whisk

Optional Ingredients

-Egg(S)

Optional Seasonings

-none

Optional Utensils

-none

5.Mayonnaise(L)

Main Ingredients

-Egg(L)

-Oil

Main Seasonings

-Vinegar

Main Utensils

-Whisk

Optional Ingredients

-Egg (S)

-Egg (M)

Optional Seasonings

-none

Optional Utensils

-none

6.Mayonnaise (G)

Main Ingredients

-Egg (G)

-Oil

Main Seasonings

-Vinegar

Main Utensils

-Whisk

Optional Ingredients

-Egg (S)

-Egg (M)

-Egg (G)

Optional Seasonings

-none

Optional Utensils

-none

7.Strawberry Jam

Main Ingredients

-Strawberry

Main Seasonings

-Sugar

Main Utensils

-Pot

Optional Ingredients

-none

Optional Seasonings

-Salt

Optional Utensils

-none

8.Grape Jam

Main Ingredients

-Wild Grapes

Main Seasonings

-Sugar

Main Utensils

-Pot

Optional Ingredients

-Wine

-Honey

Optional Seasonings

-none

Optional Utensils

-none

9.Miso Soup

Main Ingredients

-none

Main Seasonings

-Miso

Main Utensils

-Pot

Optional Ingredients

-Cabbage

-Green Pepper

-Potato

-Spinach

-Sweet Potato

-Tomato

-Carrot

-Corn

-Egg

-Eggplant

-Bamboo Shoot

-Mushroom

-Onion

-Small Fish

-Turnip

-Truffle

Optional Seasonings

-Soy Sauce

-Salt

Optional Utensils

-Knife

10.Apple Jam

Main Ingredients

-Apple or SUGDW Apple

Main Seasonings

-Sugar

Main Utensils

-Pot

Optional Ingredients

-Wine

-Apple

-SUGDW Apple

-Honey

Optional Seasonings

-none

Optional Utensils

-none

11.Cookies

Main Ingredients

-Flour

-Butter

-Egg

Main Seasonings

-Sugar

Main Utensils

-Oven

-Rolling Pin

Optional Ingredients

-Honey

Optional Seasonings

-none

Optional Utensils

-none

12.Greens

Main Ingredients

-Spinach

Main Seasonings

-Soy Sauce

Main Utensils

-Pot

Optional Ingredients

-none

Optional Seasonings

-none

Optional Utensils

-none

13.Hot Milk

Main Ingredients

-Milk

Main Seasonings

-none

Main Utensils

-Pot

Optional Ingredients

-none

Optional Seasonings

-Sugar

Optional Utensils

-none

14.Fruit Juice

Main Ingredients

-Apple, SUGDW Apple, Pineapple, Strawberry or Wild Grapes

Main Seasonings

-none

Main Utensils

-Mixer

Optional Ingredients

-Honey

-Apple

-SUGDW Apple

-Grape Juice

-Pineapple

-Strawberry

-Wild Grapes

Optional Seasonings

-Sugar

Optional Utensils

-Knife

15.Tempura

Main Ingredients

-Flour

-Egg

-Oil

Main Seasonings

-none

Main Utensils

-Frying Pan

Optional Ingredients

-Poisonous Mushroom

-Chocolate

-Truffle

-Turnip

-Cucumber

-Cabbage

-Egg

-Spa-boiled Egg

-Carrot

-Corn

-Boiled Egg

-Small Fish

-Pineapple

-Pumpkin

-Spinach

-Large Fish

-Green Pepper

-Mushroom

-Onion

-Sweet Potato

-Potato

-Eggplant

-Medium Fish

Optional Seasonings

-none

Optional Utensils

-Whisk

16.Pickled Turnips

Main Ingredients

-Turnip

Main Seasonings

-Vinegar

Main Utensils

-Knife

Optional Ingredients

-none

Optional Seasonings

-Soy Sauce

-Salt

-Sugar

Optional Utensils

-none

17.Pickles

Main Ingredients

-Cucumber

Main Seasonings

-Salt

Main Utensils

-none

Optional Ingredients

-none

Optional Seasonings

-none

Optional Utensils

-Knife

18.Boiled Egg

Main Ingredients

-Egg

Main Seasonings

-none

Main Utensils

-Pot

Optional Ingredients

-none

Optional Seasonings

-Salt

Optional Utensils

-none

19. Tomato Juice

Main Ingredients

-Tomato

Main Seasonings

-none

Main Utensils

-Mixer

Optional Ingredients

-none

Optional Seasonings

-Salt

Optional Utensils

-none

20. Vegetable Juice

Main Ingredients

-Cabbage, Cucumber or Carrot

Main Seasonings

-none

Main Utensils

-Mixer

Optional Ingredients

-Truffle

-Corn

-Mushroom

-Bamboo Shoot

-Turnip

-Eggplant

-Cabbage

-Carrot

-Onion

-Green Pepper

-Tomato

-Spinach

Optional Seasonings

-Soy Sauce

-Salt

-Vinegar

Optional Utensils

-none

21. Salad

Main Ingredients

-Cabbage, Cucumber, Carrot or Tomato

Main Seasonings

-none

Main Utensils

-Knife

Optional Ingredients

-Truffle

-Mushroom

-Strawberry

-Turnip

-Cabbage

-Cheese

-Green Pepper

-Pineapple

-Apple

-SUGDW Apple

-Carrot

-Mayonnaise

-Oil

-Onion

-Tomato

-Corn

-Cucumber

-Boiled Egg

-Potato

Optional Seasonings

-Salt

Optional Utensils

-none

22.Strawberry Milk

Main Ingredients

-Milk

-Strawberry

Main Seasonings

-none

Main Utensils

-Mixer

Optional Ingredients

-Honey

Optional Seasonings

-Salt

-Sugar

Optional Utensils

-none

23.French Fries

Main Ingredients

- Potato
- Oil

Main Seasonings

- none

Main Utensils

- Frying Pan

Optional Ingredients

- none

Optional Seasonings

- Salt
- Ketchup

Optional Utensils

- none

24.Ice Cream

Main Ingredients

- Milk
- Egg

Main Seasonings

- Sugar

Main Utensils

- Pot
- Whisk

Optional Ingredients

- Honey
- Apple
- SUGDW Apple
- Pineapple
- Strawberry
- Wild Grapes

Optional Seasonings

- none

Optional Utensils

- Knife

25.Stew

Main Ingredients

- Flour
- Milk

Main Seasonings

-Salt

Main Utensils

-Pot

Optional Ingredients

- Oil
- Chocolate (yep...)
- Grape Juice
- Pineapple
- Spinach
- Vegetable Juice
- Wine
- Green Pepper
- Honey
- Wild Grapes
- Boiled Egg
- Apple
- SUGDW Apple
- Bamboo Shoot
- Spa-boiled Egg
- Small Fish
- Medium Fish
- Mushroom
- Sweet Potato
- Tomato
- Truffle
- Turnip
- Cheese
- Egg
- Eggplant
- Large Fish
- Onion
- Carrot
- Corn
- Potato

Optional Seasonings

-none

Optional Utensils

-Knife

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*** More Recipes Coming Soon! ***

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6. Cooking Festival
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On the 22nd of Spring, a Cooking Festival is held at Rose Square for the villagers to compete to see who is the best chef. (usually Ann and Doug)Gourmet the Food Critic judges various dishes. Don't miss this opportunity to mingle with the villagers and stand a chance to win.

Since you won't have a kitchen your first spring, you won't be able to cook any dishes.

Nevertheless, if you have a chicken, bring a aspa-boiled egg along with you by dumping it in the Hot Spring if you want to participate.

Once you have upgraded your home, try to cook dishes that has a high level of fatigue and try to add lots of extra ingredients. Suitable dishes for the contest are Relaxation Tea, Chocolate Cake, Omelet Rice, Truffle Rice, Mixed Latte and Fried Noodles.

Don't forget that the Cooking Festival starts from 10am to 6pm and try to finish your farm chores before you go. If you don't get there by 11am (latest) they will start without you so remember to hurry up!

=====
7. Credits
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I would like to thank the following people for making this FAQ possible

~ My parents for allowing me to make this FAQ and also without them, I wouldn't even exist in this world.

~ animallover13, cool3Dman, rabidweasel and the others at the Harvest Moon: Back to Nature forum for giving me support.

~ cool3Dman for teaching me how to make ASCII art.

=====
8. Contact Me
=====

If you have a question about anything in this FAQ, want to submit a recipe or help to improve it, feel free to e-mail me, or if you have a Neoseeker account, PM me and you'll get credit for it. Please note that I will take a while to answer e-mails when I'm busy.

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