

World. *yawn* They also had Captain Novolin. Captain Novolin. In the time since that hospital stay, I thought I had dreamt it up -- Purely a product of the mind on medication. Captain N, not to be confused with our Saturday morning pal, is a super hero with diabetes. He fights through junk-food disguised aliens sent by Blubberman while coping with his disease. See! Outrageous. On paper, this game really does seem like the product of a delusional mind. It is not. IT'S REALZ!

Dismayed at the size of the hospital's SNES game collection, I donated Star Fox, Dinocity, and Gradius III at my departure. I figured sicker kids than me deserved real entertainment. But maybe they didn't have it as bad as I thought... but I digress.

Captain Novolin is the next script in a series of guides which shun the norm in favor of the weird and the whacked, and even the fantastic. In a way, this game is a sort of a spiritual brother of Wally Bear and the NO! Gang. Like Wally Bear, Captain Novolin is designed to educated youngsters through the video game medium. However, one of these titles does a good job and one does not. Wally Bear is terrible, but funny. Captain Novolin actually contains some really interesting information. The controls are simple but responsive. The sprites and the play area are colorful. I know. I know. Games that are product tie ins/product related, like Captain Novolin, are always terrible except, maybe, Cool Spot on the Genesis. Captain Novolin manages to be a solid title, as unlikely as it seems.

Somebody, please tell me this. Is Captain Novolin the Bad Street Brawler's diabetic brother? Captain N looks just like our ol' pal Duke! Heck, he even gets a key to a city as a reward -- just like Duke (Granted, Duke would rather have a burger...)

1a--Prologue

Title Screen:

Novo Nordisk Presents
CAPTAIN NOVOLIN™

Captain Novolin™ is named after Novolin® human insulin (rDNA origin). Novolin® and Captain Novolin™ are trademarks of Novo Nordisk A/S

Captain Novolin is a game that teaches you about diabetes. But remember, this game doesn't tell you how to manage your diabetes. Your doctor will tell you about your individual care.

WARNING: ANY CHANGE OF INSULIN SHOULD BE MADE CAUTIOUSLY AND ONLY UNDER MEDICAL SUPERVISION.

1b--Bonzai! Breakfast Baddies!

News Anchor:

This just in... Aliens have landed on Mt. Wayupthar. They are disguised as sugary junk foods and have been ordered by Blubberman, the leader, to take over Earth.

They have captured Mayor Gooden, of Pineville, who has enough diabetes supplies to last 48 hours. Someone must save him and the world from these evil invaders.

Captain Novolin:

This sounds like a job for yours truly, CAPTAIN NOVOLIN!

Captain Novolin recalling a doctor's order:

You need to check your blood sugar four times a day, but you can check it more often if you like.

Don't forget to take the insulin dose I prescribed.

Captain Novolin recalling a nutritionist's meal plan:

In your breakfast meal plan, you could have:

- * Peanut Butter Toast
- * Half a Banana
- * Bowl of Cereal
- * Glass of Milk

For a morning snack you could have:

- * Apple
- * Crackers

-----BREAKFAST LEVEL BEGINS

Star Factoid:

Hyperglycemia is high blood sugar.

*****Editor's Note - Star Factoids are random in their content.

-----MORNING SNACK LEVEL BEGINS

Question Mark:

How does insulin lower your blood sugar level?

- It lets sugar out of your cells
- It lets sugar into your cells

*****Editor's Note - Question Marks contain several different questions.

1c--Lunch Time Lawlessness

Captain Novolin recalling a nutritionist's meal plan:

For lunch you could have:

- * Carrots
- * Grapes
- * Tuna Sandwich
- * Glass of Milk

For an afternoon snack, try:

- * Pretzels
- * Cheese

-----LUNCH LEVEL BEGINS

Star Factoid:

Ketoacidosis can happen if the body does not have enough insulin.

-----AFTERNOON SNACK LEVEL BEGINS

Question Mark:

When does ketoacidosis happen?

- When blood sugars are very low
- When the body does not have enough insulin
- Right after taking insulin

1d--Dinner Date Debacle

Captain Novolin recalling his doctor:

When you take insulin, it's important to stick to your meal and exercise plans.

Captain Novolin recalling his nutritionist's meal plan:

Yum... Enjoy your dinner:

- * Check Leg
- * Potato
- * Green Salad with Dressing
- * Cherries
- * Roll

-----DINNER LEVEL BEGINS

Dock Attendant:

Excuse me Captain Novolin. Could I give you a bit of advice?

Captain Novolin:

Why sure, Joe.

Joe the Dock Attendant:

You should wear sturdy shoes and socks to protect your feet throughout your adventure. Here, take these. I think they will fit just fine.

Captain Novolin:

Thanks for the shoes Joe. I'll be sure to wear them.

Star Factoid:

Sticking to your meal and activity plan helps prevent hypoglycemia.

-----AFTER DINNER LEVEL BEGINS

Question Mark:

Which helps prevent hypoglycemia?

- Sticking to your meal and activity plan
- Skipping a meal
- Not taking insulin
- None of these, because it can't be prevented

1e--Bodacious Bedtime Bedlam

Captain Novolin recalling his nutritionist:

Before bed tonight, have a:

- * Turkey Sandwich
- * Glass of Milk

-----BEDTIME SNACK LEVEL BEGINS

Star Factoid:

Check you (sic) feet for dry skin, rubbing any red or white places that are not always there.

Question Mark:

When checking your feet, look for...

- Dry skin
- Signs of rubbing from shoes
- Red or white places that are not always there
- All of theses

Day 2

2a--Brash Breakfast Breakdown

Captain Novolin remembering his doctor:

Don't forget to take the insulin dose I prescribed.

Captain Novolin recalling a nutritionist's meal plan:

In your breakfast meal plan, you could have:

- * Peanut Butter Toast
- * Half a Banana
- * Bowl of Cereal
- * Glass of Milk

For a morning snack you could have:

- * Apple
- * Crackers

-----BREAKFAST LEVEL BEGINS

Star Factoid:

Unopened bottles of insulin should be kept in the refrigerator.

-----AFTER BREAKFAST LEVEL BEGINS

Question Mark:

Where should unopened bottles of insulin be stored?

- In a hot, steamy place
- In the freezer
- In the refrigerator

2b--Lame Lunch Letdown

Captain Novolin recalling a nutritionist's meal plan:

For lunch you could have:

- * Carrots
- * Grapes
- * Tuna Sandwich
- * Glass of Milk

For an afternoon snack, try:

- * Pretzels
- * Cheese

-----LUNCH LEVEL BEGINS

Captain Novolin:

Hello Ranger. I have diabetes. Is there anything special I should know before climbing the mountain?

Ranger Betty:

Thanks for telling me. The most important thing to remember is that extra activity can cause your blood sugars to go lower than regular activity.

Be sure to take some extra snacks with you. And have fun.

Star Factoid:

Not having enough insulin causes Type I diabetes.

-----AFTERNOON SNACK LEVEL BEGINS

Question Mark:

When must insulin be taken?

-Every day, at the times you and your doctor decide

- Once a week, before breakfast
- Twice a month, at breakfast and bed
- Thursdays, 1/3 hour before eating

2c--Deadly Dinner Disaster

Captain Novolin heeding his doctor's words:

Insulin lowers your blood sugar by helping the body's cells turn your food into energy.

Captain Novolin recalling his nutritionist's meal plan:

Yum... Enjoy your dinner:

- * Check Leg
- * Potato
- * Green Salad with Dressing
- * Cherries
- * Roll

-----DINNER LEVEL BEGINS

Captain Novolin:

Whew, what a hike. Hi, Ranger Ralph. I am looking for the mayor. But just in case I get into some trouble, I want to let you know that I have diabetes

Warning Sticker fills the screen
I HAVE DIABETES

If I am found ill or fainting, please give me some sugar. If this does not revive me, please call a doctor or an ambulance immediately.

Ranger Ralph:

Thanks. In case of an emergency, Rangers will know you have diabetes and will have a good idea how to help you. Take care, Captain Novolin.

Star Factoid:

It is good to try to stay in your target range so you stay healthy.

-----AFTER DINNER LEVEL BEGINS

Question Mark:

Why is it good to try to stay in your BG target range?

- Because it makes your parents and doctors happy
- Because otherwise you are weird
- Because it helps you stay healthy

2d--Bad-luck Bedtime Beating

Captain Novolin recalling his nutritionist:

Before bed tonight, have a:

- * Turkey Sandwich
- * Glass of Milk

-----BEDTIME SNACK LEVEL BEGINS

Star Factoid:

Glucagon makes your body make glucose really fast.

Question Mark:

How does glucagon make your BG go up so fast?

- It is super sugar, so your BG goes up
- It causes your body to make glucose really fast
- It stops insulin from working

-----A CHALLENGER APPEARS! BLUBBERMAN COMETH!

Captain Novolin destroys Blubberman and approaches the Mayor

You check Major Gooden's blood sugar and find that it is 30. What do you do?

- Give major sugar packets, then cheese and crackers.
- Give the major a glucagon shot, and then cheese and crackers when he wakes up.

Response 1 results:

Whoa. The major can't swallow them since he is unconscious. A glucagon shot should work.

After he eats his cheese and crackers he will feel much better.

Reponse 2 results:

Smart thinking. The major needed glucagon badly for his severe hypoglycemia.

After he eats his cheese and crackers he will feel much better.

2e--Funky Fresh Finitude

Major Gooden:

Congratulations, Captain. You saved the world from those evil aliens. I herby present to you the key to the city.

2----Legal Information

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